

YOGA for Children with Autism and Special Needs

LEVEL 2

12-Hour Training Course - Level 2

for yoga teachers, educators and therapists who have completed Level 1 training

Yoga teachers, OT's and OTA's may use these hours for CEU's or toward Advanced Yoga Alliance certifications.

Saturday, May 5 | 1:00 – 6:00 pm

Sunday, May 6 | 9:00 am – 5:00 pm

Yoga Center of Deerfield Beach

827 SE 9th Street

Deerfield Beach, FL 33441

www.yogacenterdb.com

The Teacher Training Course Includes:

- Advanced Curriculum
- Certification for Level 2
- Listing on Relaxation Now website

Course Cost: \$225

Instructor: Louise Goldberg
MA, ERYT 500

Register by: April 27, 2018

Louise Goldberg
louise@yogaforspecialneeds.com
954-579-1604

REGISTRATION FORM

or register online at www.yogaforspecialneeds.com

NAME _____

ADDRESS _____

PHONE _____

CELL _____

E-MAIL _____

Please include this form with your payment of \$225 and send to:
Relaxation Now • PO Box 93-6123 • Margate, FL 33093



- Updated research on autism and the brain
- Steps and sequencing in postures
- Creating specialized lessons for individuals or groups
- Practice teaching and assessment
- Children with special needs for “live” practice sessions (Your children or students welcome)



A Creative Relaxation®
Certification Course

The teaching principles of Creative Relaxation®

- Create a sacred space
- Engage the child
- Provide tools for success
- Develop opportunities for independence

Louise Goldberg, MA, ERYT500, C-IAYT, is the author of *Yoga Therapy for Children with Autism and Special Needs*, (2013) and *Classroom Yoga Breaks* (2017) and is co-author of *S.T.O.P. and Relax, Your Yoga Special Needs Toolbox*©2006. She has been a consultant for the Broward schools for over 25 year and is the owner/director of the Yoga Center of Deerfield Beach. Louise leads teacher trainings internationally.

